

R&R / EARTHQUAKE HOUSEHOLD PLAN

REVIEW THE ARRANGEMENTS BEFORE YOU TICK THE BOX

Review date: _____ Household: _____

Local official information source: _____

Out-of-area / agreed contact: _____

Meeting place and alternative: _____

☐ Identify appropriate protective actions for each household member.

☐ Review falling objects and tasks requiring suitable restraints.

☐ Confirm owner or landlord permission for installation work.

☐ Keep the bedside light, glasses and footwear accessible.

☐ Record actual stored water and individual additional needs.

☐ Check food, opener, lighting and working charging equipment.

☐ Arrange individual care and essential equipment support.

☐ Confirm building communication and assistance arrangements.

☐ Write down agreed contacts and alternative meeting locations.

☐ Check school, care-provider and pet arrangements.

☐ Record the actual utility emergency instructions and contacts.

☐ Separate water supply, drinking safety and drainage questions.

☐ Know local tsunami routes if relevant to your location.

☐ Keep records securely and copies available to the right person.

☐ Practise calmly and assign the first unfinished task.

First unfinished task / owner / next review

A planning aid, not a building clearance or individual medical assessment.

Follow current local directions. Keep private care details and access codes off this sheet.

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RECORD WHAT IS CONFIRMED AND WHAT STILL NEEDS AN ANSWER

Water quantity and storage location

Food, light and charging location

Individual support arrangement (no sensitive details)

Building contact and emergency communication

Utility emergency numbers and instruction location

Water advisory and wastewater information source

Coastal evacuation route / local official source if applicable

Records location / responsible person

Next action / owner / date

Protective action: Drop, Cover and Hold On; use adaptations appropriate to the person.

Do not enter a damaged building until authorities say it is safe.

Sources and full guidance: open the article linked in the footer. Prepared October 15, 2026.