READY & RESOURCEFUL / DOCUMENT YOUR OWN EXERCISE

What actually worked in your pantry?

Blank observation record - not evidence that Ready & Resourceful has tested your food or equipment.

Date: _____ Household / meal: _____

1. Exact foods and package sizes

2. Label instructions, dates and allergens checked

3. Portions needed and portions actually used

4. Packages opened successfully? Any help or tools needed?

5. Opened leftovers and safe storage arrangements

6. Space measured, actual fit and safe retrieval

7. Receipt total, missing components and next changes

Exercise safely: do not compromise food hygiene, ignore cooking directions, or deliberately leave perishable food unrefrigerated. Photograph your own setup without showing private documents. Keep observations distinct from assumptions.