How to Stay Warm During a Power Outage: A Practical Home Plan

PRINT • CHECK • REVIEW

Ready & Resourceful | Updated October 8, 2026

https://readyresourceful.com/preparedness/stay-warm-power-outage/

Household/group: _____

Date reviewed: _____

Conditions or destination: _____

- [ ] Dry clothing layers, warm socks, hats, and appropriate outerwear.
- [ ] Blankets or sleeping bags suitable for the people using them.
- [ ] Battery-powered flashlights or lanterns and the required batteries.
- [ ] A charged power bank and the correct phone cable.
- [ ] Written emergency contacts and a relocation plan.
- [ ] Needed daily medicines and a product-specific medical power plan.
- [ ] Drinking water and familiar food that does not require cooking.
- [ ] Working smoke and carbon-monoxide alarms with the backup power appropriate to the devices.
- [ ] Essential supplies for children, pets, and anyone needing assistance.
- [ ] A household checklist for departure items that cannot remain packed.

READY CHECK

- [ ] Inspect condition and compatibility; replace missing or damaged items.
- [ ] Record where critical supplies are and who can retrieve them.
- [ ] Adapt quantities and supplies to the people, conditions and official instructions.
- [ ] Write down a backup or relocation arrangement.

Items to add: _____

Next review: _____

Read the full guide for limitations and safety context. This planning sheet is not emergency instructions or a guarantee of safety. Follow current official guidance. AI-assisted compilation; no field-testing claim.

References from the guide:

https://www.cdc.gov/natural-disasters/response/what-to-do-protect-yourself-during-a-power-outage.html

https://www.cdc.gov/winter-weather/safety/stay-safe-during-after-a-winter-storm-safety.html

https://cdc.gov/natural-disasters/psa-toolkit/avoiding-carbon-monoxide-poisoning.html

MY NEXT ACTION

Task / person responsible: _____

Review date: _____ Completed date: _____